



**MARCH 2018
NEWSLETTER**

KAREN'S KORNER

Well, things are starting to gather momentum as we head towards Spring although winter doesn't seem to have quite disappeared yet! The re-decoration of the lounge is going to begin on 3rd April, just after Easter. We shall obviously try to keep disruption to a minimum, but hope that everyone will bear with us, residents and visitors alike.



Read all about our team news on page 3—plenty of diverse stories there!



No sooner have we celebrated Valentine's Day and Chinese New Year than we have St David's Day, Mothering Sunday, St Patrick's Day and a Marie Curie fundraiser coming up.....please make a note of our Dates for Your Diary.

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Margaret I celebrated her birthday last month. She had a lovely day with visitors wishing her well. A big thank you to her husband, John, for the goodies he brought in for everyone to share.



People on the team celebrating birthdays last month were Karen, Lilia and Becky D-T. Hope you had good ones, ladies!



VALENTINE'S DAY

The Home was decorated nicely for Valentine's Day



Christie Charles came to sing for us—here are Agnes and Jessie clapping along and Alfie enjoying the songs



CHINESE NEW YEAR

This year Chinese New Year fell on 16th February and is the Year of the Dog—the festival is based on the Chinese Lunar Calendar and is associated with 12 animal signs.



Sarah G made a special meal at teatime for our residentsguess who was at the front of the queue to try it out?! Yes, here's Lilia doing an official 'tasting'!

Jay came to Kepplegate to entertain.



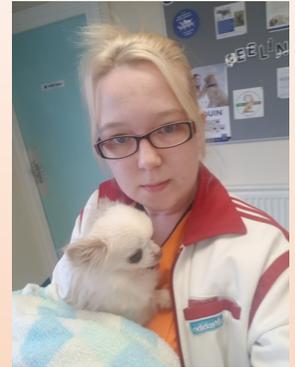


TEAM NEWS

Team News 1



Beccii B, one of our domiciliary team, found a little dog at the side of the road as she drove between her visits at the weekend. The chihuahua had a paw bent the wrong way and Beccii thought she had been knocked by a car. She was asked to take her to a Thornton branch when she phoned the local vet and the little dog was checked over. After the story was shared on Kepplegate's Facebook page, her owners went to pick her up and told how the dog (called Princess)



had escaped out of a gap in their garden fence and gone missing. They said her bent paw is a deformity she had been born with, so happily she hadn't been knocked over—and they were very grateful to Beccii and Kepplegate for rescuing her and communicating on social media so they were able to trace her.

Team News 2



Adam was mentioned in this publication last month for his work in promoting John's Campaign on the Kepplegate Website. This campaign focuses on family carers remaining involved with the personal care of their loved ones, if they wish to, even when they need to go into residential care for some extra help. This might involve the family carer staying with the new resident for the first night or two—something that we can cater for at Kepplegate.

Team News 3

Marika is going to run two marathons within two weeks during April. She will run on behalf of Alzheimer's and she has put the charity's collection box on the desk in our reception porch if anyone would like to donate to help with her fundraising. Good luck Marika!



Team News 4



It was definitely a team effort making the pancakes on Shrove Tuesday—here are the photos that weren't too blurred when

Sam couldn't stop the laughter from shaking the camera!



Please Tell Me Books



We have used some money from our "Residents' Fund" to purchase some 'Please Tell Me Books'. They are there to be completed with our residents by family and friends and act as a kind of scrap book where photos can be included as well as notes on things that have happened in the past or will occur in the future.

There are sections to write affectionate messages that will make the recipient feel good when someone later reads them to him/her and also places to write basic caring preferences down. We hope this will be a pleasant activity for our residents and their visitors.

MOTHERS DAY

Mothering Sunday this year is on 11th March. Lilia has booked Bob Croft to come to play his keyboard as some entertainment on the actual day and all visitors, as usual, are very welcome to join their loved ones at Kepplegate on this special day.



We try to raise some money each year for Marie Curie, charity quite often by holding a special tea party. This year we are joining in with the 'Let's Go Yellow' day on Friday, 16th March. On that day if members of the team and visitors to Kepplegate will wear something yellow and donate £2 into the collection box in the reception porch, we will be able to send off a nice amount to this worthy charity.

GET BEHIND THE
DAFFODIL
THIS MARCH

WELCOME

A warm Kepplegate welcome to Michelle and James who have just joined the care team in Kepplegate House.



Dates for Your Diary

11th March—Bob Croft

21st March—Catherine Whitelow

9th April—Beverley

20th April—Geoff playing accordion. This will tie in with National Care Home Open Day and the Queen's 91st birthday on 21st April